

# NAHPS CHAAHTS

Shoalwater Bay Indian Tribe  
PO Box 130  
Tokeland, WA 98590

## Davis's



Earl and Ruth Davis, in their home on Shoalwater Bay Reservation, 1968 or 69. The home is still occupied by youngest son Doug. Earl was long time Chairman for our Tribe. Notice that Fresca and Pepsi soda pop still came in bottles.

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# Shoalwater Bay Newsletter NAHPS CHAAHTS

Shoalwater Bay Indian Tribe, P.O. Box 130, Tokeland, WA 98590  
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December 2008

## Shoalwater Bay Halloween Carnival

The Annual Shoalwater Bay Halloween Youth Carnival was held Friday October 31st from 4:00pm to 6:00pm . As you can see from the photos, a great time was had by all. However, I must admit , that I did sneak in a few photo's of staff members who came to work with the Halloween spirit as well. Can you spot them?

There were kids galore, with their cute little costumes. There were Spiders, Hanna Montana's, Clone Troopers, Ninja's, even a Banana. There were Lady Bugs, Princesses, Super Girls and the cutest Little Skunk. And I cannot forget the mention the duo Sharpay's. There were many activities to keep the children busy, bouncy house, cake walk, fish pond, bowling, ball toss, and they were all gathered around the booths working up the courage to try their hands at the games. Whether it was propelling a ball as high up into the air to make a basket, tossing a ring onto a large bottle of pop or playing a game of bingo, they were all winners. The little ones were all walking away with prizes and candy in bags that were provided to them as they came in the doors. Refreshments provided included hotdogs, nachos, popcorn, and juice.

The carnival is sponsored by the Shoalwater Bay Education Department through a state DASA Grant. A special thank you to everyone who volunteered to make this such a exceptional event for our children, our families, and the community. Without your generous help, this event could not continue. Masi.



Shoalwaterbay-nsn.gov

## The Shoalwater Bay Newsletter

This newsletter is a monthly publication of the Shoalwater Bay Tribe. Your letters, articles, photographs and drawings are encouraged. We reserve the right to edit for clarity or length or to reject any letter. Opinions expressed do not necessarily reflect the views of this publication or the Shoalwater Bay Tribe. Accuracy is important to us. We take care in editing, but errors do occur. We want to correct them. If you believe printed information is in error, please let us know.

### Submissions Deadline:

15th of each month

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### Shoalwater Bay Tribal Council

CHARLENE NELSON,  
Chairperson,  
MIKE SHIPMAN,  
Vice Chairman,  
LYNN CLARK, Secretary  
HOLLY BLAKE, Treasurer  
JENNIFER TAYLOR,  
Member at Large

The NAHPS CHAAHTS wants to honor you! If you are a Shoalwater Bay tribal member celebrating any accomplishments this year, we want to share with you by placing your picture and story in our newsletter!

Please send a picture BY 15th of each month, along with your family names, accomplishment, and future goals. Then watch for the next issue of NAHPS CHAAHTS.

Or any Veteran's news, we want to honor ALL who serve!

## Everyone Welcome!

**Shoalwater Bay Tribe**  
***Community Health Program***  
**Comprehensive Cancer Control Project**  
**SPIPA**  
**Community Cancer Support Group**  
**There will be food and incentives**  
**Native People for Cancer Control**  
**Tele-health Network**  
**Cancer Survivorship Education Series**



Teresa Garrett Hill,  
RN, MN

***November 20, 2008***  
***5:00 to 6:00 pm, Pacific Standard Time***  
***Shoalwater Bay Wellness Center***  
***Upstairs Meeting Room***

### **Maintaining Balance**

Teresa Garrett Hill, RN, MN will discuss the "emotional" experience of going through cancer diagnosis, treatment, and recovery. We will talk about ways to reduce the impact of stress and anxiety, how to improve and maintain the quality of our lives during and after recovery.

Teresa has over twenty-five years of experience as an oncology nurse working with cancer patients and their families from diagnosis through end of life care in hospital, clinic, home, and community settings. In her current role as program manager for the Spirit of EAGLES, serving the National Cancer Institute's Cancer Information Service-Northwest Region, Teresa works with American Indians and Alaska Natives to improve cancer control through partnerships that raise awareness and provide culturally relevant and tailored education programs about cancer. The perspective she brings to her work is grounded in lessons learned from cancer survivors, their families, caregivers, and the communities she serves. She holds a Bachelor of Nursing Science and Master of Nursing in Advanced Practice Community Health/Cross-Cultural Nursing from the University of Washington School of Nursing.

***For more information contact Lisa Shipman's office, 360-267-8136 or cell 360-581-5525***



Wellness Center Presented Awards



Wellness Center

Last month, Marsha Crane, Health Director for Shoalwater Bay Wellness Center attended the Northwest Portland Area Health Board Quarterly Meeting, hosted by the Nez Perce tribe in Lewiston, Idaho. During the meeting Marsha was presented with two achievement awards. The Dental Department received a award for the third year running for “Best Dental Access”

for native patients and as Marsha states “it has gotten better each successive year”. The Medical Department won the “Most Improved” for administering the pneumovax (the pneumonia vaccine). They had a 30% increase in the patients they administered the vaccinations to. These are patients 60 years old or higher, Native American, Alaskan Natives or certain high risk patients, your health care provider will always help you with any questions. The awards are the based on GPRA (Government Performance Rating Assessment) results were taken of 43 tribes from Washington, Oregon and Idaho.

There were 22 health concerns in which the Portland Area Health Board views for these awards. And Marsha believes that Shoalwater was the only Tribe that won in two categories. Congratulations teams on your splendid performance!



Barbara Mora—”Return to Tradition, Return to a Balanced Life”  
A Life with Diabetes



On the evening of October 27th, we had the enjoyment of traditionally cooked salmon, prepared by Earl Davis and Shane Thomas and the exceptionally prepared meal by Pam Drake, our nutritionist as a prelude to fun filled night with a delightful Paiute woman, Barbara Mora. After our bellies were full, we gathered around the meeting room table, where Barbara sang and read to us out of her book “Using Our Wit and Wisdom to Live Well with Diabetes”. There were questions and answers, and everyone received a copy of her book, which she so graciously signed for each of us. After there was a journal making project. Thank you Tanya and your Diabetes grant for bringing Barbara to us.



Wellness Center

Medical

360-267-0119  
1-800-841-2244  
Open 8:30am-4:30pm  
On Call Doctors

Dental

360-267-8103  
1-800-633-5218 Ext 5106  
Open 8:30am-4:30pm  
Dr. Greg Cebulla

Behavioral Health

360-267-2508  
1-800-633-5218 Ext 5216  
Open 8:30am-4:30pm  
Dr. James States  
Coleen Chapin-Glasscock  
Jeanne Paul

Flu Shots

Just a friendly reminder, the Clinic has plenty of FLU Vaccine. Appointments are helpful. Keep yourself, your family and your children healthy this winter.

Women’s Health Program

Shoalwater Bay Wellness Center participates with the SPIPA Women’s Health Grant Program that gives qualifying women with limited incomes and no or inadequate insurance the opportunity to have an annual Mammogram, Clinical Breast Exam and Pap Smear FREE of charge. Mammograms are offered monthly (cont. next column)

from Imaging Associates Mobile Mammography. Women’s Health exams, (which includes PAP Smear, a breast exam, rectal exam, FOST cards if indicated, and Self Breast Exam instruction) can be scheduled throughout the year. We will require women to have their Well Women exam prior to their mammogram appointment. Women that use our facility for Mammograms only, should have an order from their provider for us to send reports to and to insure she is being provided quality Women’s Health care and not fragmented health care. All services are followed up with letter from providers. Any questions, please contact the Shoalwater bay Clinic and they will be very happy to answer any of your questions.

December Birthdays *(Italics are Tribal Employees)*

Sabina Harris \* 2  
Gordy Shipman 2  
Jennifer Taylor \* 3  
Lily Blair 4  
Devyn Thomas 6  
Georgia Fryback 8  
Robert Walker 11  
Leah Thomas \* 13  
Jonathan Young 13  
Coree Harris 16  
*Pam Pavilich* 16  
Tessa Davis \* 17  
Angelique Persson 17  
Shana Ellingburg 18  
Mindy Clemons 19  
Cameron Ahola 19  
Keven Shipman 20  
*Mendy Wilkeson* 20

Aiden Ayers 22  
Brandon Thomas 22  
Kristeen Williamson 24  
Kristine Wilson 25  
Ellen Johnson-Satsop 27  
Pamela MacGregor 30  
Timothy Brown 31

Tribal members with a \* after their names are also employees of the Shoalwater Bay Tribe.

Anniversaries

Jennifer Taylor 4 years

Job Opening

**Audit Agent**-Tribal Gaming Agency  
**SUMMARY:** The Audit Agent is responsible for the enforcement of the Tribal Gaming Ordinances and Internal Control Standards, the National Indian Gaming Commission regulations, the Tribal/State Compact, Shoalwater Bay Casino Minimum Internal Control Standards and other relevant laws and agreements affecting the gaming entity. The Audit Agent works with other Tribal Gaming personnel and Casino management to insure asset protection through compliance auditing. The Audit Agent will be the primary Agent present during the daily revenue count (Soft Count) and assist in the area of electronic game installation and conversion. **Go to:** [www.shoalwaterbay-nsn.gov](http://www.shoalwaterbay-nsn.gov)

New Employee

Evergreen State College MPA  
Tribal Governance

Steve began working for the Shoalwater Bay Tribe November 3rd as Grants Compliance Coordinator. Steve is member of the Choctaw Nation. This position coordinates grant funded programs between the Shoalwater Bay Indian Tribe, government, and private agencies. Ensures that all grants are in compliance and managed with accountability with federal, state and grantor requirements. Steve will be working cooperatively with Tribal Program Directors and department managers. Steve grew up in Tacoma and spent most of his life in the state of Washington. He had a small electronic contracting company before moving to Shelton. Steve is member of the Choctaw Nation. He purchased the old Surfside resort just south of the State Park at the Westport "Y". If you have driven the highway from Westport, you have seen his little spaceship in front of his gift shop. As a child, Steve's family would come to the beach, fish and clamming. Recalling those memories of the past, he decided he would like to live and work here. He previously worked for the City of Westport before taking the Grant position at Shoalwater.



Steve Spring, Grants Compliance Coordinator

Steve Spring continued his education towards his masters at Evergreen State College in the Master of Public Administration Tribal Governance program. As Steve explained to me, the program is always looking for students. The tribal concentration reflects the diversity of issues addressed by the tribes, including: health, housing, education, youth, welfare, land use, law enforcement, human resources, transportation, fiscal policy and economic development. Completing the degree through the tribal concentration required completions of required core MPA credits programs, totaling 60 credit hours. For more information: [www.evergreen.edu](http://www.evergreen.edu) Go to Academics, then Graduate Studies Offices, then Masters of Public Administration.

Mike Hermon

Near Trout Lake, WA

Thlat wath mish

Mike Hermon, Shoalwater Bay's Water System Manager has been chosen to participate with the Pacific County Emergency Management Agency on teams 2 and 3 of the five developed teams to synthesize and assign identified capabilities and related recommendations from the 2007 December Storm After Action Report and Improvement Plan. Team 2 and 3 are "Public Information and Warning and Maintain and Restore Critical Services and Utilities" and "Manage Critical Resources and Establish and Manage Mass Care Capabilities". Mike was also nominated to be featured and have a picture in the National Indian Health Service water system training calendar. Congratulations! Nice!



Marks of cutting tool show that a basket maker was here many years ago. Although scarred, this western red cedar still thrives.

This is the Lower Chehalis language. Earl Davis has been working with Keven Shipman on a language program. The first 2 lessons are now available in the computer lab in the Education Building.

**Eiuaqwan** (cedar)  
*She-u-a-kwan*

**Qam q** (fish)  
*Come-kuck*

**t'iqw** (mosquito)  
*Teek-wa*



Cedar Hat Making Class



Linda Wiechman

